

**Breakfast October Carbohydrate Info**

<b>Date</b>	<b>Name</b>	<b>Serving Type</b>	<b>Carbohydrate G</b>
10/19/2020	Assorted Muffins	Each	54.333
10/19/2020	Bacon, Egg & Cheese on Croissant	Sandwich	28.000
10/19/2020	Assorted 100% Fruit Juice	Each	14.500
10/19/2020	Milk, 1% White	Each	13.000
10/19/2020	Milk, FF, Choc	Each	23.000
10/20/2020	Soft Filled Cereal Bar	Each	41.500
10/20/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
10/20/2020	Assorted 100% Fruit Juice	Each	14.500
10/20/2020	Milk, 1% White	Each	13.000
10/20/2020	Milk, FF, Choc	Each	23.000
10/21/2020	Assorted Poptarts	Each	76.000
10/21/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
10/21/2020	Assorted 100% Fruit Juice	Each	14.500
10/21/2020	Milk, 1% White	Each	13.000
10/21/2020	Milk, FF, Choc	Each	23.000
10/22/2020	Assorted Frudels	Each	36.000
10/22/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
10/22/2020	Assorted 100% Fruit Juice	Each	14.500
10/22/2020	Milk, 1% White	Each	13.000
10/22/2020	Milk, FF, Choc	Each	23.000
10/23/2020	French Toast Sticks	Serving	45.538
10/23/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
10/23/2020	Assorted 100% Fruit Juice	Each	14.500
10/23/2020	Milk, 1% White	Each	13.000
10/23/2020	Milk, FF, Choc	Each	23.000
10/24/2020	Assorted Mini Pancakes	Each	39.000
10/24/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
10/24/2020	Assorted 100% Fruit Juice	Each	14.500
10/24/2020	Milk, 1% White	Each	13.000
10/24/2020	Milk, FF, Choc	Each	23.000
10/25/2020	Assorted Piggletsticks	Each	11.000
10/25/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
10/25/2020	Assorted 100% Fruit Juice	Each	14.500
10/25/2020	Milk, 1% White	Each	13.000
10/25/2020	Milk, FF, Choc	Each	23.000
10/26/2020	Assorted Muffins	Each	54.333
10/26/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
10/26/2020	Assorted 100% Fruit Juice	Each	14.500
10/26/2020	Milk, 1% White	Each	13.000
10/26/2020	Milk, FF, Choc	Each	23.000
10/27/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
10/27/2020	Soft Filled Cereal Bar	Each	41.500
10/27/2020	Assorted 100% Fruit Juice	Each	14.500
10/27/2020	Milk, 1% White	Each	13.000
10/27/2020	Milk, FF, Choc	Each	23.000
10/28/2020	Assorted Poptarts	Each	76.000
10/28/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
10/28/2020	Assorted 100% Fruit Juice	Each	14.500
10/28/2020	Milk, 1% White	Each	13.000
10/28/2020	Milk, FF, Choc	Each	23.000
10/29/2020	Assorted Frudels	Each	36.000
10/29/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
10/29/2020	Assorted 100% Fruit Juice	Each	14.500
10/29/2020	Milk, 1% White	Each	13.000
10/29/2020	Milk, FF, Choc	Each	23.000

10/30/2020	French Toast Sticks	Serving	45.538
10/30/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
10/30/2020	Assorted 100% Fruit Juice	Each	14.500
10/30/2020	Milk, 1% White	Each	13.000
10/30/2020	Milk, FF, Choc	Each	23.000
10/31/2020	Assorted Mini Pancakes	Each	39.000
10/31/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
10/31/2020	Assorted 100% Fruit Juice	Each	14.500
10/31/2020	Milk, 1% White	Each	13.000
10/31/2020	Milk, FF, Choc	Each	23.000