

<b>Breakfast January Carbohydrate Info</b>			
<b>Date</b>	<b>Public Name</b>	<b>Serving Type</b>	<b>Carbohydrate G</b>
01/04/2021	Milk, 1% White	Each	13.000
01/04/2021	Milk, FF, Choc	Each	23.000
01/04/2021	100% Apple Juice	Each	15.000
01/04/2021	100% Orange Juice	Each	14.000
01/04/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/04/2021	Assorted Poptarts	Each	76.000
01/05/2021	Milk, 1% White	Each	13.000
01/05/2021	Milk, FF, Choc	Each	23.000
01/05/2021	100% Apple Juice	Each	15.000
01/05/2021	100% Orange Juice	Each	14.000
01/05/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/05/2021	Assorted Frudels	Each	36.000
01/06/2021	Milk, 1% White	Each	13.000
01/06/2021	Milk, FF, Choc	Each	23.000
01/06/2021	100% Apple Juice	Each	15.000
01/06/2021	100% Orange Juice	Each	14.000
01/06/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/06/2021	Assorted Muffins	Each	54.333
01/07/2021	Milk, 1% White	Each	13.000
01/07/2021	Milk, FF, Choc	Each	23.000
01/07/2021	100% Apple Juice	Each	15.000
01/07/2021	100% Orange Juice	Each	14.000
01/07/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/07/2021	Soft Filled Cereal Bar	Each	41.500
01/08/2021	Milk, 1% White	Each	13.000
01/08/2021	Milk, FF, Choc	Each	23.000
01/08/2021	100% Apple Juice	Each	15.000
01/08/2021	100% Orange Juice	Each	14.000
01/08/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/08/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/08/2021	French Toast Sticks	Serving	45.538
01/09/2021	Milk, 1% White	Each	13.000
01/09/2021	Milk, FF, Choc	Each	23.000
01/09/2021	100% Apple Juice	Each	15.000
01/09/2021	100% Orange Juice	Each	14.000
01/09/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/09/2021	Assorted Mini Pancakes	Each	39.000
01/10/2021	Milk, 1% White	Each	13.000
01/10/2021	Milk, FF, Choc	Each	23.000
01/10/2021	100% Apple Juice	Each	15.000
01/10/2021	100% Orange Juice	Each	14.000
01/10/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/10/2021	Assorted Piggleticks	Each	11.000
01/11/2021	Milk, 1% White	Each	13.000
01/11/2021	Milk, FF, Choc	Each	23.000
01/11/2021	100% Apple Juice	Each	15.000
01/11/2021	100% Orange Juice	Each	14.000
01/11/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/11/2021	Assorted Cereal	Each	45.500
01/12/2021	Milk, 1% White	Each	13.000
01/12/2021	Milk, FF, Choc	Each	23.000
01/12/2021	100% Apple Juice	Each	15.000
01/12/2021	100% Orange Juice	Each	14.000
01/12/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/12/2021	Assorted Breakfast Bars	Each	46.000
01/13/2021	Milk, 1% White	Each	13.000

01/13/2021	Milk, FF, Choc	Each	23.000
01/13/2021	100% Apple Juice	Each	15.000
01/13/2021	100% Orange Juice	Each	14.000
01/13/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/13/2021	Honey Bun	Each	40.000
01/14/2021	Milk, 1% White	Each	13.000
01/14/2021	Milk, FF, Choc	Each	23.000
01/14/2021	100% Apple Juice	Each	15.000
01/14/2021	100% Orange Juice	Each	14.000
01/14/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/14/2021	Mini Cinnis	Each	39.000
01/15/2021	Milk, 1% White	Each	13.000
01/15/2021	Milk, FF, Choc	Each	23.000
01/15/2021	100% Apple Juice	Each	15.000
01/15/2021	100% Orange Juice	Each	14.000
01/15/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/15/2021	French Toast Sticks	Serving	45.538
01/16/2021	Milk, 1% White	Each	13.000
01/16/2021	Milk, FF, Choc	Each	23.000
01/16/2021	100% Apple Juice	Each	15.000
01/16/2021	100% Orange Juice	Each	14.000
01/16/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/16/2021	Assorted Mini Pancakes	Each	39.000
01/17/2021	Milk, 1% White	Each	13.000
01/17/2021	Milk, FF, Choc	Each	23.000
01/17/2021	100% Apple Juice	Each	15.000
01/17/2021	100% Orange Juice	Each	14.000
01/17/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/17/2021	Assorted Piggletsticks	Each	11.000
01/18/2021	Milk, 1% White	Each	13.000
01/18/2021	Milk, FF, Choc	Each	23.000
01/18/2021	100% Apple Juice	Each	15.000
01/18/2021	100% Orange Juice	Each	14.000
01/18/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/18/2021	Assorted Frudels	Each	36.000
01/19/2021	Milk, 1% White	Each	13.000
01/19/2021	Milk, FF, Choc	Each	23.000
01/19/2021	100% Apple Juice	Each	15.000
01/19/2021	100% Orange Juice	Each	14.000
01/19/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/19/2021	Assorted Muffins	Each	54.333
01/20/2021	Milk, 1% White	Each	13.000
01/20/2021	Milk, FF, Choc	Each	23.000
01/20/2021	100% Apple Juice	Each	15.000
01/20/2021	100% Orange Juice	Each	14.000
01/20/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/20/2021	Soft Filled Cereal Bar	Each	41.500
01/21/2021	Milk, 1% White	Each	13.000
01/21/2021	Milk, FF, Choc	Each	23.000
01/21/2021	100% Apple Juice	Each	15.000
01/21/2021	100% Orange Juice	Each	14.000
01/21/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/21/2021	Assorted Poptarts	Each	76.000
01/22/2021	Milk, 1% White	Each	13.000
01/22/2021	Milk, FF, Choc	Each	23.000
01/22/2021	100% Apple Juice	Each	15.000
01/22/2021	100% Orange Juice	Each	14.000
01/22/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333

01/22/2021	French Toast Sticks	Serving	45.538
01/23/2021	Milk, 1% White	Each	13.000
01/23/2021	Milk, FF, Choc	Each	23.000
01/23/2021	100% Apple Juice	Each	15.000
01/23/2021	100% Orange Juice	Each	14.000
01/23/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/23/2021	Assorted Mini Pancakes	Each	39.000
01/24/2021	Milk, 1% White	Each	13.000
01/24/2021	Milk, FF, Choc	Each	23.000
01/24/2021	100% Apple Juice	Each	15.000
01/24/2021	100% Orange Juice	Each	14.000
01/24/2021	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
01/24/2021	Assorted Piggleticks	Each	11.000
01/25/2021	Milk, 1% White	Each	13.000
01/25/2021	Milk, FF, Choc	Each	23.000
01/25/2021	100% Apple Juice	Each	15.000
01/25/2021	100% Orange Juice	Each	14.000
01/25/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/25/2021	Assorted Breakfast Bars	Each	46.000
01/26/2021	Milk, 1% White	Each	13.000
01/26/2021	Milk, FF, Choc	Each	23.000
01/26/2021	100% Apple Juice	Each	15.000
01/26/2021	100% Orange Juice	Each	14.000
01/26/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/26/2021	Honey Bun	Each	40.000
01/27/2021	Milk, 1% White	Each	13.000
01/27/2021	Milk, FF, Choc	Each	23.000
01/27/2021	100% Apple Juice	Each	15.000
01/27/2021	100% Orange Juice	Each	14.000
01/27/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/27/2021	Mini Cinnis	Each	39.000
01/28/2021	Milk, 1% White	Each	13.000
01/28/2021	Milk, FF, Choc	Each	23.000
01/28/2021	100% Apple Juice	Each	15.000
01/28/2021	100% Orange Juice	Each	14.000
01/28/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/28/2021	Assorted Cereal	Each	45.500
01/29/2021	Milk, 1% White	Each	13.000
01/29/2021	Milk, FF, Choc	Each	23.000
01/29/2021	100% Apple Juice	Each	15.000
01/29/2021	100% Orange Juice	Each	14.000
01/29/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/29/2021	French Toast Sticks	Serving	45.538
01/30/2021	Milk, 1% White	Each	13.000
01/30/2021	Milk, FF, Choc	Each	23.000
01/30/2021	100% Apple Juice	Each	15.000
01/30/2021	100% Orange Juice	Each	14.000
01/30/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/30/2021	Assorted Mini Pancakes	Each	39.000
01/31/2021	Milk, 1% White	Each	13.000
01/31/2021	Milk, FF, Choc	Each	23.000
01/31/2021	100% Apple Juice	Each	15.000
01/31/2021	100% Orange Juice	Each	14.000
01/31/2021	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
01/31/2021	Assorted Piggleticks	Each	11.000