

Breakfast December Carbohydrate Info

Date	Name	Serving Type	Carbohydrate G
12/01/2020	Milk, 1% White	Each	13.000
12/01/2020	Milk, FF, Choc	Each	23.000
12/01/2020	100% Apple Juice	Each	15.000
12/01/2020	100% Orange Juice	Each	14.000
12/01/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/01/2020	Assorted Poptarts	Each	76.000
12/02/2020	Milk, 1% White	Each	13.000
12/02/2020	Milk, FF, Choc	Each	23.000
12/02/2020	100% Apple Juice	Each	15.000
12/02/2020	100% Orange Juice	Each	14.000
12/02/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/02/2020	Assorted Frudels	Each	36.000
12/03/2020	Milk, 1% White	Each	13.000
12/03/2020	Milk, FF, Choc	Each	23.000
12/03/2020	100% Apple Juice	Each	15.000
12/03/2020	100% Orange Juice	Each	14.000
12/03/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/03/2020	Assorted Muffins	Each	54.333
12/04/2020	Milk, 1% White	Each	13.000
12/04/2020	Milk, FF, Choc	Each	23.000
12/04/2020	100% Apple Juice	Each	15.000
12/04/2020	100% Orange Juice	Each	14.000
12/04/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/04/2020	French Toast Sticks	Serving	45.538
12/05/2020	Milk, 1% White	Each	13.000
12/05/2020	Milk, FF, Choc	Each	23.000
12/05/2020	100% Apple Juice	Each	15.000
12/05/2020	100% Orange Juice	Each	14.000
12/05/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/05/2020	Assorted Mini Pancakes	Each	39.000
12/06/2020	Milk, 1% White	Each	13.000
12/06/2020	Milk, FF, Choc	Each	23.000
12/06/2020	100% Apple Juice	Each	15.000
12/06/2020	100% Orange Juice	Each	14.000
12/06/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/06/2020	Assorted Piggletsticks	Each	11.000
12/07/2020	Milk, 1% White	Each	13.000
12/07/2020	Milk, FF, Choc	Each	23.000
12/07/2020	100% Apple Juice	Each	15.000
12/07/2020	100% Orange Juice	Each	14.000
12/07/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/07/2020	Assorted Poptarts	Each	76.000
12/08/2020	Milk, 1% White	Each	13.000
12/08/2020	Milk, FF, Choc	Each	23.000
12/08/2020	100% Apple Juice	Each	15.000
12/08/2020	100% Orange Juice	Each	14.000
12/08/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/08/2020	Assorted Frudels	Each	36.000
12/09/2020	Milk, 1% White	Each	13.000
12/09/2020	Milk, FF, Choc	Each	23.000
12/09/2020	100% Apple Juice	Each	15.000
12/09/2020	100% Orange Juice	Each	14.000
12/09/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/09/2020	Assorted Muffins	Each	54.333
12/10/2020	Milk, 1% White	Each	13.000
12/10/2020	Milk, FF, Choc	Each	23.000

12/10/2020	100% Apple Juice	Each	15.000
12/10/2020	100% Orange Juice	Each	14.000
12/10/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/10/2020	Soft Filled Cereal Bar	Each	41.500
12/11/2020	Milk, 1% White	Each	13.000
12/11/2020	Milk, FF, Choc	Each	23.000
12/11/2020	100% Apple Juice	Each	15.000
12/11/2020	100% Orange Juice	Each	14.000
12/11/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/11/2020	French Toast Sticks	Serving	45.538
12/12/2020	Milk, 1% White	Each	13.000
12/12/2020	Milk, FF, Choc	Each	23.000
12/12/2020	100% Apple Juice	Each	15.000
12/12/2020	100% Orange Juice	Each	14.000
12/12/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/12/2020	Assorted Mini Pancakes	Each	39.000
12/13/2020	Milk, 1% White	Each	13.000
12/13/2020	Milk, FF, Choc	Each	23.000
12/13/2020	100% Apple Juice	Each	15.000
12/13/2020	100% Orange Juice	Each	14.000
12/13/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/13/2020	Assorted Piggletsticks	Each	11.000
12/14/2020	Milk, 1% White	Each	13.000
12/14/2020	Milk, FF, Choc	Each	23.000
12/14/2020	100% Apple Juice	Each	15.000
12/14/2020	100% Orange Juice	Each	14.000
12/14/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/14/2020	Assorted Frudels	Each	36.000
12/15/2020	Milk, 1% White	Each	13.000
12/15/2020	Milk, FF, Choc	Each	23.000
12/15/2020	100% Apple Juice	Each	15.000
12/15/2020	100% Orange Juice	Each	14.000
12/15/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/15/2020	Assorted Muffins	Each	54.333
12/16/2020	Milk, 1% White	Each	13.000
12/16/2020	Milk, FF, Choc	Each	23.000
12/16/2020	100% Apple Juice	Each	15.000
12/16/2020	100% Orange Juice	Each	14.000
12/16/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/16/2020	Soft Filled Cereal Bar	Each	41.500
12/17/2020	Milk, 1% White	Each	13.000
12/17/2020	Milk, FF, Choc	Each	23.000
12/17/2020	100% Apple Juice	Each	15.000
12/17/2020	100% Orange Juice	Each	14.000
12/17/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/17/2020	Assorted Poptarts	Each	76.000
12/18/2020	Milk, 1% White	Each	13.000
12/18/2020	Milk, FF, Choc	Each	23.000
12/18/2020	100% Apple Juice	Each	15.000
12/18/2020	100% Orange Juice	Each	14.000
12/18/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/18/2020	French Toast Sticks	Serving	45.538
12/19/2020	Milk, 1% White	Each	13.000
12/19/2020	Milk, FF, Choc	Each	23.000
12/19/2020	100% Apple Juice	Each	15.000
12/19/2020	100% Orange Juice	Each	14.000
12/19/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/19/2020	Assorted Mini Pancakes	Each	39.000

12/20/2020	Milk, 1% White	Each	13.000
12/20/2020	Milk, FF, Choc	Each	23.000
12/20/2020	100% Apple Juice	Each	15.000
12/20/2020	100% Orange Juice	Each	14.000
12/20/2020	Sausage, Egg & Cheese on Croissant	Sandwich	28.000
12/20/2020	Assorted Piggletsticks	Each	11.000
12/21/2020	Milk, 1% White	Each	13.000
12/21/2020	Milk, FF, Choc	Each	23.000
12/21/2020	100% Apple Juice	Each	15.000
12/21/2020	100% Orange Juice	Each	14.000
12/21/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/21/2020	Assorted Muffins	Each	54.333
12/22/2020	Milk, 1% White	Each	13.000
12/22/2020	Milk, FF, Choc	Each	23.000
12/22/2020	100% Apple Juice	Each	15.000
12/22/2020	100% Orange Juice	Each	14.000
12/22/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/22/2020	Soft Filled Cereal Bar	Each	41.500
12/23/2020	Milk, 1% White	Each	13.000
12/23/2020	Milk, FF, Choc	Each	23.000
12/23/2020	100% Apple Juice	Each	15.000
12/23/2020	100% Orange Juice	Each	14.000
12/23/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/23/2020	Assorted Poptarts	Each	76.000
12/24/2020	Milk, 1% White	Each	13.000
12/24/2020	Milk, FF, Choc	Each	23.000
12/24/2020	100% Apple Juice	Each	15.000
12/24/2020	100% Orange Juice	Each	14.000
12/24/2020	Bacon, Egg & Cheese on Biscuit	Sandwich	32.333
12/24/2020	Assorted Frudels	Each	36.000
12/25/2020	Milk, 1% White	Each	13.000
12/25/2020	Milk, FF, Choc	Each	23.000
12/25/2020	100% Apple Juice	Each	15.000
12/25/2020	100% Orange Juice	Each	14.000
12/25/2020	French Toast Sticks	Serving	45.538
12/26/2020	Milk, 1% White	Each	13.000
12/26/2020	Milk, FF, Choc	Each	23.000
12/26/2020	100% Apple Juice	Each	15.000
12/26/2020	100% Orange Juice	Each	14.000
12/26/2020	Assorted Mini Pancakes	Each	39.000
12/27/2020	Milk, 1% White	Each	13.000
12/27/2020	Milk, FF, Choc	Each	23.000
12/27/2020	100% Apple Juice	Each	15.000
12/27/2020	100% Orange Juice	Each	14.000
12/27/2020	Assorted Piggletsticks	Each	11.000